



PROJECT EXPEDITION

# Mexico

Tour and Activity Recommendations







# Contents

Mexico Overview..... 3

    Climate.....

    Cuisine.....

    Attire.....

    Culture.....

    Getting There.....

    Getting Around.....

    Health Tips.....

    Money.....

    Map of Tours & Activities.....

Cabo San Lucas..... 5

Puerto Vallarta..... 8

Mexico City..... 10

Riviera Maya..... 11

Cancun..... 13

How to Book..... 14



# Mexico



**Mexico** is an incredible country that is rich in culture and history. With nearly 6,000 miles of coastline along the Pacific Ocean, the Gulf of Mexico, and the Caribbean Sea, some of the most beautiful beaches in the world can be found here. The water is perfect for snorkeling, kayaking, diving, and even whale watching! Beyond the beaches there are many Mayan ruins, the most famous of which is Chichen Itza in Yucatan, Mexico. The culinary culture is also vibrant and flavorful, as are the urban centers like Mexico City. There is something for everyone, so prepare yourself for an incredible trip!

## Climate

Mexico has a varied climate, which means that there is at least one area of the country that is prime for a vacation at any time of the year. The predominate climate is warm-tropical and it can get very hot and humid in areas such as Cancun or Cozumel. West coast destinations, such as Cabo San Lucas and Puerto Vallarta have more desert-like climates, similar to Arizona or New Mexico. The hottest months of the year are May to July, with the wettest part of the year being from June to October.



## Cuisine

Mexican cuisine largely features corn, beans, tomatoes, chili peppers, and rice. Corn is a staple of Mexican cuisine, and can be found in everything from tortillas to corn on the cob. Street food is also a large centerpiece of Mexican cuisine, and includes tacos, quesadillas, and tamales. Due to the size of the country, the cuisine of Mexico is also rather regional. The three main regional cuisines are Oaxaca, Veracruz and Yucatan. Authentic food in Mexico is very different from the Mexican or Tex-Mex generally found in the United States.

## Attire

Due to the varied climate, you should bring clothes that are functional for a variety of weather conditions. If you are traveling to high-altitude locations such as Mexico City (7,382 feet above sea level), it is best to pack long sleeves or a jacket, as it can get cold. Long sleeves are also recommended for outdoor activities to prevent insect bites. On the east coast, the weather is hot and humid, so it is best to pack light breathable clothing, and swimsuits for the beautiful beaches.

## Culture

Mexico has a very rich culture with an emphasis on festivals and fiestas. Some of their biggest celebrations are: the Day of the Dead on November 2nd, a spiritual day honoring family and friends that have passed away, Independence Day on September 16th, The Feast of our Lady of Guadalupe on December 12th, and Revolution Day which is the third Monday of November.

These are just a few of the celebrations in Mexico, so be sure to look up any holidays near your destinations that feature dancing, food, and musical performances, as they are not to be missed!

## Getting There

Many popular destinations in Mexico are easily accessible from the United States and Canada, with nonstop flights everyday, on a number of major airlines. Cruise ships also make ports of call at many of Mexico's coastal destinations.



# Mexico



## Getting Around

Since Mexico is a large country, with many interior regions that are quite dangerous, it is advised that you travel by air domestically. The drive from Cancun to Tulum, however, is a safe and easy drive down a quality highway. Buses are also another option if the locations are not too far from each other.

## Health Tips

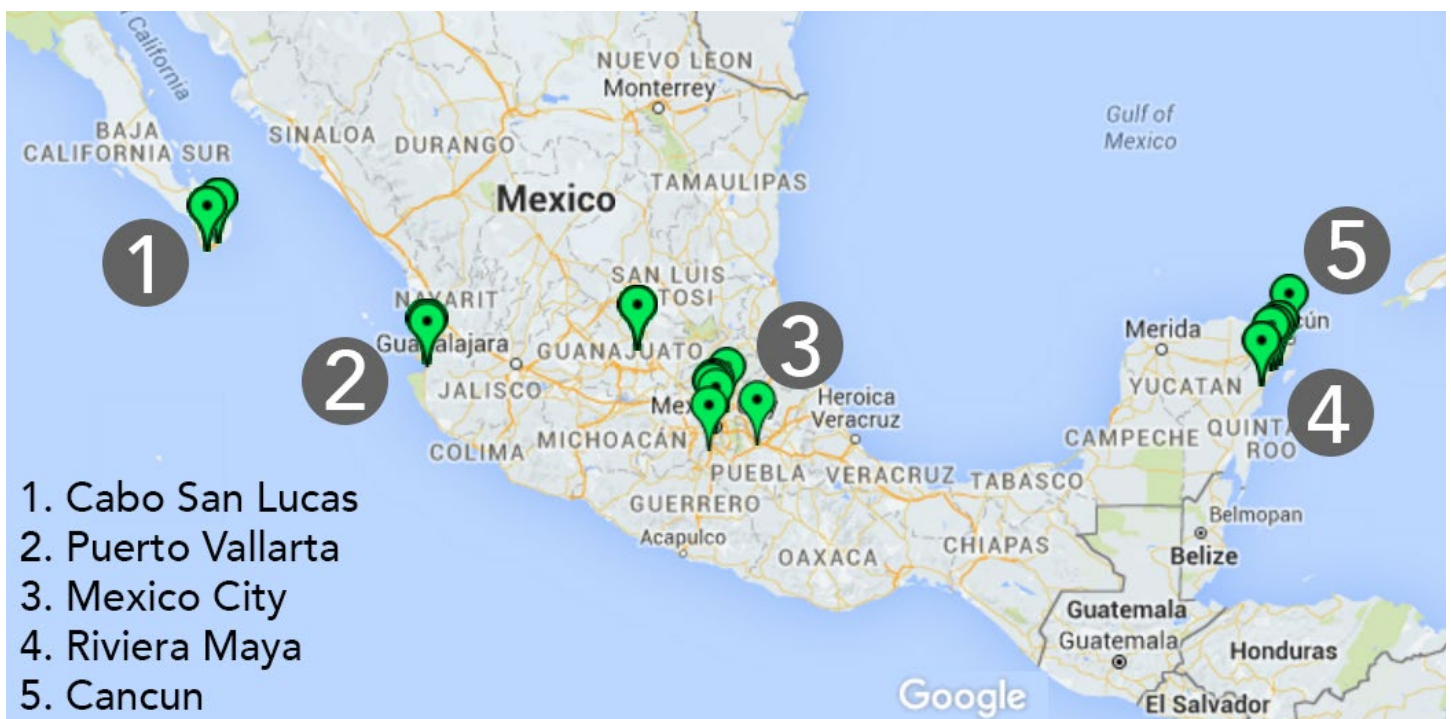
Travelers should be up to date on all routine vaccines and take precautions to avoid mosquito bites. Because conditions continuously change, we recommend checking the latest updates from the [Center for Disease Control and Prevention](#). To avoid water-borne or food-borne illness, drink bottled or canned beverages, and only eat thoroughly cooked food.

## Money

Mexico's local currency is the Peso, which is easy to get via an ATM at a major bank, or your hotel. US Dollars are also widely accepted in Mexico, but you may find that you get a better deal when paying in Pesos. Gratuities are also expected for tour operators, restaurant staff, bell boys, etc. Paying tips these in Pesos will save that person from having to change money.

## Activities Map

This guide recommends activities and attractions in the most popular destinations in Mexico. Many of these experiences can be customized to suit your needs, so please contact us with any requests. And as you can tell from the map below, there are many more activities available than this guide covers, so be sure to check out the full offering on [Project Expedition](#)!



# Cabo San Lucas



## Sailing Trips

Enjoy a relaxing sailing cruise along the coast of Cabo San Lucas. You will not only catch a beautiful Baja sunset, but you may have the chance to stop in secluded bays and coves to explore areas away from the busier beaches. Depending on which tour you choose, you can even snorkel or paddle board.



## The Arch of Cabo San Lucas

A must see attraction in Cabo is The Arch, a rock formation rising three stories above the sea. You can paddle board or kayak around this famous landmark to see marine birds, fish, and sea lions. You can also snorkel near Pelican Rock or, for a more relaxing experience, lay out on Lovers Beach.



## Scuba Diving & Snorkeling

Explore the open waters of Cabo by scuba diving or snorkeling. With great conditions year round, you'll have the chance to see sharks, turtles, sea lions, and even dolphins. Don't worry if you're not scuba certified, you can take a PADI certification course or try a "Discover Scuba" dive that doesn't require certification.



## Hiking at Fox Canyon

Strap on your hiking boots for a guided trek through a tropical desert on the Fox Canyon Trail. You'll walk next to a river and through the mountains in dense vegetation until you arrive at the Sol de Mayo Waterfall, where you can cool off in the freshwater pools.



# Cabo San Lucas



## Jeep Tours

Hop into a 4x4 jeep and go off-road on mountain trails. You will make strategic stops to take photos, visit the quaint fishing village of Pesquero, along with Cabo Pulmo National Park. The Park is a protected area that's known as the Aquarium of the World, where you can snorkel among the diverse marine life of the coral reefs.



## Sea Kayaking & Stand Up Paddling

Take a kayak, or paddle board along the beautiful Cabo coast and visit popular destinations like The Arch and Lovers Beach. If you choose a glass-bottomed kayak, you will be able to see the colorful fish and other marine life right beneath you!



## Dolphin Encounters

Make a new marine friend with dolphin encounters in Cabo San Lucas. Learn all about the Pacific bottlenose dolphin from the best possible teachers - the dolphins themselves! Since you'll be meeting your new friends in a pool with experienced trainers, this encounter is perfect for families, and even non-swimmers.



## San Jose City Tours

Explore the beautiful city of San Jose with its 18th-century colonial Spanish architecture and laid-back local scene. You can visit the city during the day for its organic markets and learn about the rich native history, or you can take an art walk tour at night to admire the creative work of locals.



# Cabo San Lucas



## Humpback Whale Watching

Take a whale watching cruise in Cabo to see some of the humpback whales that migrate from Alaska to the warm waters of Mexico and Central America. Both educational and exciting, these tours will allow you to see these majestic creatures in their natural habitat - you may also see a colony of sea lions sunbathing on the rocks while you're out at sea!



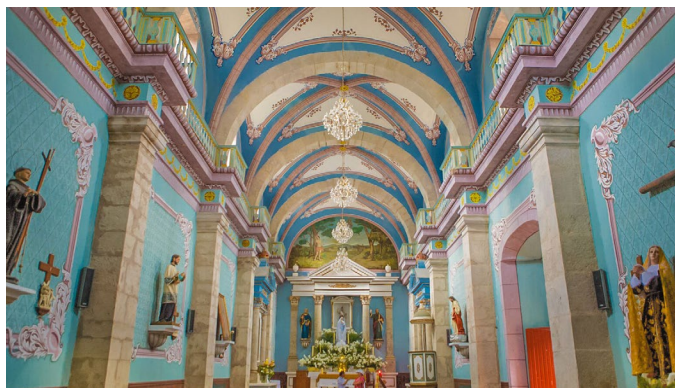
## Whale Shark Encounters

Whale shark season is from October-March, during which time you can go snorkeling with whale sharks. A trained marine biologist will take you out to a protected bay where the sharks come annually to feed. You'll be able to interact with the whale sharks in their natural habitat and learn about the scientific research being done by the Whale Shark Research Project.





# Puerto Vallarta



## San Sebastian Del Oeste Day Trips

Buried deep in the heart of the Sierra Madre Mountains, San Sebastian's remote setting makes it the perfect getaway from the usual touristy towns. Explore this tiny mountain enclave by taking in the architecture of traditional Mexican haciendas and churches, or stop by a working tequila and raicilla distillery for a bit of fun.



## Scuba Diving

Whether you're a beginner or an expert scuba diver, there are plenty of scuba diving opportunities in Puerto Vallarta. Las Caletas is a popular spot and home to tropical fish, turtles, and manta rays. El Morro is good for more experienced divers that want a more technical dive in a remote location. No matter which dive site you choose, you're sure to have a good time.



## 4x4 and Zip Line Adventure

Get your adrenaline pumping with a series of Mexico's longest and fastest zip lines and an exhilarating off-road ride on an ATV. You can even rappel from the treetops for an extra thrill. This tour is a great way to try different activities in one, action-packed day.



## Sea Lion Encounters

While dolphin encounters are also an option, perhaps you want to try out a sea lion encounter! These amazing animals have unique and wonderful personalities, and an encounter with one will be a memory that you won't soon forget.



# Puerto Vallarta



## Whale Watching

From mid-December to March, you can hop on board a whale watching tour to spot whales. This particular tour uses a spotter plane, which guides the boats to the whales, ensuring the best chance of an encounter. With an expert guide on board, this informational and educational tour is great for everyone.



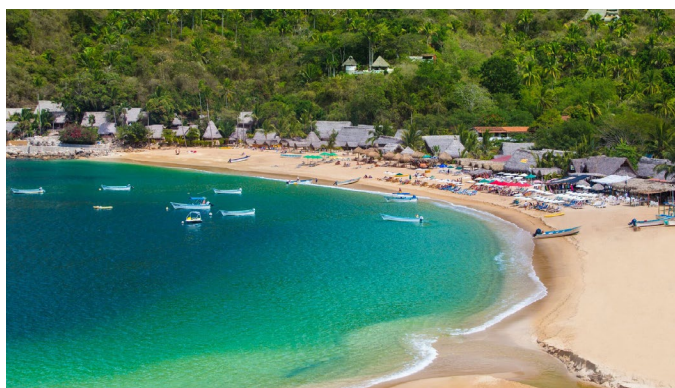
## Tequila Tasting

Visit the world-famous pueblo of Tequila, the birthplace of Mexico's national spirit. You'll explore Mundo Cuervo, the birthplace of Jose Cuervo tequila, and the La Rojea distillery, the oldest distillery in the Americas. Walk through the Reserva de la Familia cellar to immerse yourself in the aromas and flavors of tequila, and enjoy a professional tasting.



## Sunset Sailing Cruises

Enjoy a relaxing sunset sailing cruise on the Pacific Coast on a luxury yacht. There is nothing more peaceful or romantic than sipping on wine or indulging in cold cuts, cheese, and fresh fruits as you sail across Banderas Bay. This unforgettable experience is perfect for couples or honeymooners.



## Yelapa & Majahuítas

Get away from the bustling city and visit the village and waterfall of Yelapa and waters of the Majahuítas cove. Snorkeling and kayaking are the perfect activities to do in this remote cove. Afterwards, trek up to the stunning waterfall, where you can get a taste of the local culture and flavor.



# Mexico City



## Hot Air Balloon Tour of Teotihuacan

Fly over the Pyramids of the Sun and the Moon in a hot air balloon for incredible views of City of the Gods. Afterwards, go on foot to explore the archaeological Mayan site Teotihuacan. Climb the pyramids or walk around the Quetzalpapalotl Temple and the Avenue of the Dead to get the full experience.



## Mexico City Tour

Take a tour of the historical downtown district of Mexico City, a UNESCO World Heritage Site. Here, you can visit the National Palace, the Zocalo, the Metropolitan Cathedral, Reforma Boulevard, and Chapultepec Park - the largest city park in the Western Hemisphere. At night, visit the Zona Rosa (Pink Zone), known for its nightlife and shopping.



## Garibaldi at Night

Visit Plaza Garibaldi in historic Mexico City, where you can dine at the famous revolving Bellini Restaurant on top of the World Trade Center. After dinner, continue on to the Zocalo and admire the illuminated monuments, the National Palace, and the Cathedral. End the night dancing to festive, live music from the mariachis.



## Luchas & Salsa

Watch luchadores wrestle and fly through the air in their colorful masks and costumes as the crowd cheers them on. After the match, enjoy some beers at a "Ficheras Bar," where a live band will invite you to spend the night dancing with ficheras to salsa, cumbia, and bachata.



# Riviera Maya



## Tulum & Akumal Mayan Ruins

Take a trip back in time with a tour through the incredibly well-preserved Mayan ruins at Tulum. You will learn all about the history of this impressive site, and then you will head to the small village and beach of Akumal where you can take a dip in the clear waters.



## Cenotes & Paradise Lagoon

Don't miss the chance to discover the stunning natural wonders of the Yucatan peninsula. This tour starts off with a swim in two magnificent cenotes where you can explore the crystal-clear waters and awe-inspiring rock formations. Then head to a stunning lagoon on the Caribbean Coast where fresh and salt water meet, and experience world-class snorkeling among a variety of colorful tropical fish.



## Whale Shark Adventure

Feel the wonder rush through you as the world's largest species of shark swims by. Whale sharks do not pose a threat to humans, but they are around 32 feet long, so you won't want to get in its way! Don't miss the chance to have a face-to-face encounter with these gentle giants on your next holiday.



## Coba Mayan Ruins

An inland expedition is the perfect way to experience and learn about the Mayan past and present, as well as the nature of the Yucatan Peninsula. You will visit the Punta Laguna Reserve, enjoy a delicious lunch, and visit the Coba Mayan ruins for an enlightening day trip.



# Riviera Maya



## Day Trip to Chichen Itza & Valladolid

This day trip will take you to the incredible and famous ruins of Chichen Itza where you will tour the site. Then you will head for a refreshing swim in a majestic cenote where you can also relax and enjoy a snack. After you dry off, you will head to Valladolid for lunch and a tour of the downtown area.



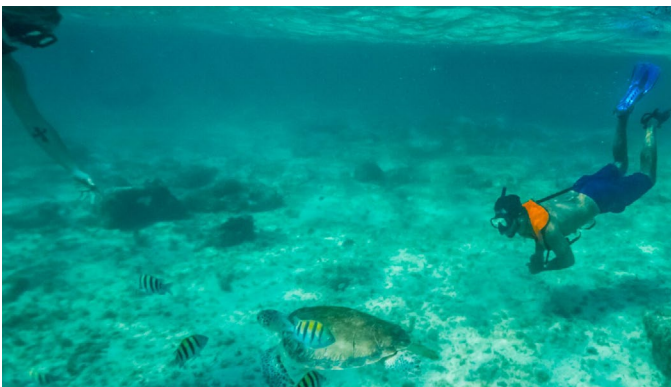
## Sailing Sunset Cruises

Experience the open seas of the Riviera Maya on a sailing excursion! You will sail along the coastline and relax with a cocktail as you await a beautiful sunset. There is no better break from the beach where you can enjoy the sound of the wind and waves while you breathe in the fresh sea air.



## Sian Ka'an Tours

Sian Ka'an is an excellent excursion for those interested in learning about Mayan history and the ecology of the region. This site was once a Mayan trading post but is now home to ruined temples and monuments. You will also explore the beautiful jungle and fresh water wetlands in the area.



## Snorkeling

Cruise down the coast of the Riviera Maya to some of the hottest snorkeling spots. Then jump into the water and enjoy the company of colorful fish, sea turtles, and other marine creatures. Don't forget your underwater camera!



# Cancun



## Zip Line & Snorkeling Combo

If you are looking for a great combo tour, then look no further than the ziplining and snorkeling tour. This adventure will have you soaring high above the ground on one of the fastest zip lines in the region. You will then head for the ocean to snorkel with colorful fish and sea turtles.



## Snorkeling at Playa del Carmen

This tour is the perfect choice for people who love to snorkel. You will begin by diving into the turquoise waters of the Caribbean Sea, where you will be surrounded by exotic marine life. Then you will explore an underground river in the middle of the jungle and discover the mystical wonders of the Mayan cenotes.



## Tulum Mayan Ruins

A half day tour to Tulum will take you through the most spectacular and well-preserved ruins along the Yucatan Coast. With a knowledgeable guide at your disposal, you will learn all about the rich history of the Mayan civilization and Tulum while experiencing the incredible vistas that the ancient Maya also once enjoyed.



## ATV Tour & Zip Line Combo

Hop on your own ATV and ride deep into the jungle. Cruise along dirt roads and encounter some rough, but navigable terrain, until you reach a fresh-water sinkhole also known as a cenote. You can hop off of your ATV and into the water for a refreshing swim if you would like! Then continue on to a thrilling zip line where you can cruise above the trees.





## How to Book

All tours and activities can be booked directly on our website, [ProjectExpedition.com](https://ProjectExpedition.com). We are also happy to assist with any questions or custom requests:

- Phone: +1-855-782-3006
- Email: [bookings@projectexpedition.com](mailto:bookings@projectexpedition.com)
- Live Chat: available on [projectexpedition.com](https://ProjectExpedition.com)

Our team is based in New York City and you may contact us with questions or custom requests at any time.



## About Project Expedition

Project Expedition is your discovery and booking resource for things to do in adventure destinations around the world.

Created with the purpose of helping you make informed decisions about your travel, Project Expedition allows you to compare tours and activities in a fair and unbiased manner and book your adventures before you hit the ground.

We show you popular attractions and famous excursions, but we also provide access to the local favorites, the ones you usually find only after you arrive. Our team gets on the ground in a country and meets with the local guides, ensuring that you have access to the experiences that you won't find in your typical prepackaged, tour bus excursion. We bring those connections to you online, so that you can easily discover and book the best things to do, before you depart for your destination.